

**JOHN INGRAM PARTNERSHIP  
THE PARISHES OF ST ANNE  
AND ST AUGUSTINE  
GATESHEAD.**

**Parish Priest and Dean:**

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**Deacon:** Reverend Patrick Jackson, BEM,  
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**9th May 2021**

**6th Sunday of Easter**  
**Vigil St Anne 5.30 pm**  
**10.00 am St Augustine**

Monday  
Tuesday

**THE ASCENSION OF THE LORD**

Wednesday Vigil Mass at St Anne's 7.00 pm

Thursday 10.00 at St Augustine's

Friday **St Matthias, Apostle.**

**7th Sunday of Easter**  
**Vigil St Anne 5.30 pm**  
**10.00 am St Augustine**

Alicja Knap  
For the Parishioners  
Dennis Rogan  
Betty Hepson

Helena Elliott  
For the Parishioners  
Fr Gerard Martin (NBF)

For the Parishioners  
Hilda Parker

**Pope Francis – Prayer to Mary for Protection  
during the COVID-19 Pandemic.**

O Mary, you shine continuously on our journey as a sign of salvation and hope.  
We entrust ourselves to you, Health of the Sick.  
At the foot of the Cross you participated in Jesus' pain, with steadfast faith.  
You, Salvation of the Roman People, know what we need.  
We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial.  
Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us:  
He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen.  
We seek refuge under your protection, O Holy Mother of God.  
Do not despise our pleas – we who are put to the test – and deliver us from every danger,  
O glorious and blessed Virgin.

**Do you need your 21/22 Box of Envelopes?**

If you use your yellow envelopes from last year Maria will post the new blue 21/22 box of envelopes through your letterbox asap. Do let her know if you have changed your address or your tax status. You can do this by emailing her on [iwantagiftaidbox@btinternet.com](mailto:iwantagiftaidbox@btinternet.com), or by dropping a note into Father Paul's letterbox. Remember to include your Gift Aid box number.  
Thank you.  
**Maria Thompson** (St Augustine's Gift Aid Organizer)

**When Trying to Be Helpful, Focus on Little Things**

Mother Teresa once said, "We cannot do great things on this earth. We can only do little things with great love." Sometimes our grandiose plans to do great things at some later time interfere with our chances to little things right now. A friend once told me, "I want my life to be about service, but I can't do anything yet. Someday, when I'm successful, I'll do lots of things for others." Meanwhile, there are hungry people in the streets, elderly people who could use some company, mothers who need help with their children, people who can't read, neighbours whose homes need paint, streets with litter, people who need to be listened to, and thousands and thousands of other little things that need to be done.  
Mother Teresa was right. We can't change the world, but to make the world a brighter place we don't need to. All we really have to do is focus on those little acts of kindness, things we can do right now. My favourite ways to be of service are to go to develop my own helping rituals and to practice random acts of kindness – almost always little things that give me enormous satisfaction and peace of mind. Often the most appreciated acts of kindness aren't the million-dollar grants from giant corporations but the one hour of volunteer work in a home for the elderly or the five-dollar gift to someone who can't afford anything at all.  
If we focus on how little difference our acts of kindness really make in the scheme of things, surely we will end up frustrated – and will probably use our hopelessness as an excuse to do nothing. If, however, we take great care in doing something – anything – we will feel the joy of giving and will help to make our world just a little bit brighter. ("Don't Sweat The Small Stuff," by Richard Carlson Ph.D.)

**Sacrament of Reconciliation.**

Always available 30 minutes before Mass starts at St Anne's and St Augustine's.

"The first effect of not believing in God, is that you lose your common sense." (G.K.Chesterton)

Man's highest life does not consist in self-expression, but in self-sacrifice.' (R.H.Benson)

'There are three unions in this world: Christ and the Church, husband and wife, spirit and flesh' (St Augustine of Hippo)

'Our doubts are traitors and make us lose the good we oft might win by fearing to attempt' (Shakespeare)

'God wants spiritual fruits, not religious nuts.' (Ethel Wilcox)

'In modern warfare there are no victors; there are only survivors.' (Lyndon B. Johnson)

'Man is never nearer the Divine than in his compassionate moments.' (Joseph H. Hertz)